

REWIRING THE BRAIN via THE 7 SECRETS RHYTHM, 2 Days

(Optionally can do 3 Days 2 Nights)

Note: Please check for specific Staff Level (Position) / Job Scope / KPI / Competency related sub-module

INTRODUCTION

World's first intrinsic brain training practically to enhance cognitive development. This is a programme which shall guide participants to take responsibility for their future by the choices they make and the goals they set. They will know how extrinsic action such as meals effect intrinsic execution within brain which eventually expose as personal activities and impacts of productivities. Powerful tool will be given for participant to enable them to learn and use 2nd and following new languages much easier. T7SR techniques and its practice will give extraordinary cognitive enhancement which enable them to contribute corporate requirement such as new or higher KPI, improve multi language ability, teamwork and appreciating the world around them. The programme is conducted with scientific facts, some exciting games and practical exercise the techniques of The 7 Secrets Rhythm. It's interactive.

Can be integrated with standard soft skill flow such as Sales Psychology, Customer Support, Stress Management, Personal Mastery, Peak Performance, Leadership Executive, OSH, TQM, ZDM, Technical & Engineering, How to become active technical team player.

Program Objectives

- Manage extrinsic application towards personal performance.
- Practically use T7SR intrinsic exercise for best cognitive skills development.
- Create synergy within generation gap of GEN X, Y and Z through mind frequency harmony.
- Experience base realization about their specific participant's position, scope, responsibility, task flow and how to achieve KPI.

Learning Outcomes

Graduates of this programme will demonstrate the following:

- Learning practically how to use leafs to moderate or improve your productivity.
- Learn practical techniques of T7SR the 7 Secrets and 7 minutes.
- Techniques of The 7 Secrets Rhythm to moderate cognitive skills enhancement.

Benefits

- Increase cognitive skills such as higher active brain, reset mind to new and higher goals, focus & concentration, unfolding natural creativity, recalling ability, stabilizing left & right brain and alpha thinking pattern where the whole world is had highest success experience from any type of job position including staff, leaders and even scientist.
- Harmonizing thought, word and deed which will enhance team work.
- Persistency, Cooperation, Independence, Innovation.
- Maximizing and harvesting the right brain power, bridging both side of the brain, Productivity at workplace, increasing intuition power and sharpening telepathy power.
- Reset mind to new and higher objective and goals matching current corporate Vision & Mission and KPI.
- Enable staff learn additional language easily.
- Increase technical and mathematical skills according to competency selection.
- Refer competency list section for relevant corporate benefits.

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Key Content

Day 1

Time : 9.00am – 5.00pm

Break : 10.15am – 10.30am / 3.15pm – 3.30pm

Lunch : 1.00pm – 2.00pm

MODULE ONE - BRAIN ACTIVENESS - EVER ACTIVE BRAIN

Naturally human brain will be functioning at different percentage at different time.

- Brain, Cognitive Skills And Universe Law
- Conscious And World Leaders
- Normal Brain State and T7SR Brain State

MODULE TWO – RESETTING MIND – ENABLE NEW EXECUTION

T7SR techniques will break the neurons pattern, thus allowing the individual to practical in imbibing (hands on) the policies at a highest level. Practical new neuron functioning area will allow neuron to register and execute new and higher objective and goals of individual as well corporate.

- Best Extrinsic Practice – Easiest Natural Life Style
 - Meals (category, timing, eating methods)
 - Health (natural rejuvenating mode)
 - Emotion (its powerful source of energy if routed for development)
 - Intelligent (unfold inborn capabilities towards corporate advantages)
 - Action with Re-Action and Respond
 - End Results: Objective & Goals
 - FFGSD: Re-hacking auto pilot to take control of personal development (Food, Fruits, Greens, Space, Detoxified)

MODULE 3 – FOCUS & CONCENTRATION - GREATER ATTENTION

In working environment, individual need to be focus on multiple task to fulfill the job requirement at all time. The question is how to be focus in each specific task with clarity in mind? Our practical techniques will engage mind, body and spirit coordination.

MODULE 4 – NATURAL CREATIVE – RIGHT BRAIN POWER

Learnable creativity is normally perceived to be drawing, communication, cooking and so on. Creative mind will produce safe and new action. The innate creativity is essential to increase unfolding within fraction of time during much resting time. Our techniques will unfold creativity each and every new moment.

MODULE 5 – MEMORY POWER – INCREASE IN RECALLING ABILITY EFFORTLESSLY

Recalling ability always need to be improved for individual and all level of staffs, which will provide direct impact practically on any task execution efficiency. It will improve staff's performance at work by able to learn new technicality/syntax/languages/product knowledge faster with longer recalling ability. The increase in recalling ability also improve in integrating suitable solution for industry requirement quickly.

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Day 2

Time: 9.00am – 5.00pm

Break: 10.15am – 10.30am / 3.15pm – 3.30pm

Lunch: 1.00pm – 2.00pm

MODULE 6 – SINGLE RHYTHM CYCLE – MULTITASKING (ENHANCE LEFT & RIGHT BRAIN POWER)

Usually most working environment requiring left brain orientation for task executions over the time, individual merely loses the right brain advantages such as critical thinking, attention to details and intuition power. Our techniques will promote quantum jump of both sides of brain performances which directly improves deliverable of corporate target in conscious.

MODULE 7 – ALPHA THINKING - RELAXED MOOD WITH HIGH ALERT

Silent is the greatest power, individual can be in relax mode while working actively, fast with efficient performance. All great invention in the world since time immemorial invented when they are just in relax mode. These techniques are totally forgotten, not known in lack within today's commercial and developing country and industrialize or technologist states. We the only training institute in the world provide the solution practically.

MODULE 8 – Global Corporate Competencies And Brain Frequencies

- Science of T7SR
- 6th or 7th Sense Beyond 5 Basic Sense
- Organization / Departments KPI and Possibility Achieving It.
- Brain and Universe Law
- Rewrite/re-template existing pattern to new, higher goals
- WHY * BELIVES * HABITS * STRATEGIC * GOALS

MODULE 9 - Core Corporate Competencies on Specific Division and Brain Frequencies

Build in by default and compulsory competencies

- Cognitive Skills
- Embrace Humility
- Composure & Stress
- Personal Effectiveness
- Major Brain Frequency

About 1 to 3 more type competencies can be selected for each training

- Mentoring & Coaching
- Intrinsic Emotional Quest (iEQ)
- Intrinsic Human Resource Practice (iHRP)
- Product / Service knowledge
- Self – Initiative
- Motivating others
- Courage to share Ideas
- Conflict Management

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- Management Qualities
- Sales Psychology
- Communication & Presentation Skills
- Interaction with Others
- Occupational Safety & Health
- Engineering Core Competencies
- Scientist Core Competencies
- Researcher Core Competencies
- Others competencies can be edited/added prior to training confirmation base on participant and requirement

MODULE 10 - Check List, Workbook for personal monitoring & Action Plan

- Review and Summary
- Q&A

AUDIENCE

- Staff from all levels and departments.
- Engineers and technical staff
- Lectures and all teaching industry staff
- Startup business owners and Entrepreneurs

METHODOLOGY

Participative and practical - Emphasizing learning through experience, both from structured activities: role plays, group exercises, video screening, case studies, and exploratory discussions. INTRINSIC methods - an integration of NLP, EQ will be used.

Case studies are catered to suit participants' education and work experience backgrounds.

Kindly note vegetarian food will be served during training. No coffee/ tea (no caffeine).

Optional: Additional one day training on Leadership Development for top management/HOD.

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Elanggovan Thanggavilo, ELAN

Psychologist

Conscious Expert

Founder and inventor of The 7 Secrets Rhythm, the world's first intrinsic corporate brain training institute.

He is a trainer in Human Psychology and Human Resource through The 7 Secrets Rhythm. Since young he is both best ancient essence student covering knowledge from India & China (Mind, Body & Spirit). Register member of Traditional Complementary Medicine within Ministry of Health. His program concentrates on Brain Activeness, Resetting Mind, Focus & Concentration, Creativity, Memory Power, Stabilizing both brains, Alpha Level Mind.

He has been traveling since 1999 locally and internationally. Prior to venturing into training he is Software Engineer, Software Consultant hold highest position Chief Software Architecture, Project Director in country like UK, India and Malaysia for large Government & Private ICT projects. Since 1992 for about 15 years he have 1000s engineers in developing human resources from various industry and different country in numerous projects. His working experience and exposure in numerous industries such as college university, healthcare, legal, finance, import export & ports, airline, manufacturing, construction, oil and gas, insurance, government and customer service.

He is an expert trainer for Engineers and technical team to be Innovative and inventors, Best HR Practice, Zero Defect Manufacturing, Customer Support and Hidden Secrets of Sales Psychology. He also writes articles that are frequently published by BERNAMA, RADIO24, Sinar Harian, The Star, The Borneo Daily Sabah, Tamil Nesan, Malaysia Nanban, and Makkal Osai & Utusan. Some of his live interview are BERNAMA TV, RTM, ASTRO, ASHIKfm, TV3, RADIO24 and TRAXXfm.

His profound insights in human aspect of psychology, non-theory, non-motivation and 100% practical. His specialty has made him one of the most sought-after trainers in this industry. His specialization is routing emotion towards intelligent energy. The energy will be reducing emotional issues, which will enable you to respond rather than react. His passion is to bring the best out of an individual.

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ELAN WAS ALSO A DISTINGUISHED SPEAKER IN VARIOUS EVENTS:

- FMM Safety Conference On: "Fostering on OSH Culture Towards a Healthy and Productive Workforce", Ramada Hotel, Melaka, April 10 – 11, 2013.
- HRDF's Conference on "HR Best Practice for SME's", The ZON Regency Hotel, 22nd September 2010
- International Conference: 6th Asian Vegetarian Congress. 41st IVU World Vegfest, PWTC Kuala Lumpur, 2013. He spoke on topics "Vegetarian & Brain Towards Academic, Sports, Co-curriculum Excellence" which resulted his articles published in 50 over countries.
- Speaker in Local University, Colleges such as Universiti Malaysia Pahang, 2014, for Career Advancement & Entrepreneurship
- Presented a public talk to Malaysia Mental Literacy Movement (MMLM) and Universiti Tunku Abdul Rahman (UTAR) on "REWIRING THE BRAIN" via The 7 Secrets Rhythm in July 2015.

Some of his corporate clients whom benefited are UTAR, MMLM, FMM Sabah, HOSPITAL KPJ SELANGOR, BERNAMA, LINCOLN UNIVERSITY, SEAGATE, UMP, USM, MIHRM, SIME DARBY, GEORGE Kent Malaysia Berhad, TM, SILVERLAKE, FMM, PTPTN, JUSCO, OHARA JAPAN, HRDF, AIA, MCIS ZURICH, ING and SUNRISE INSTITUTE.

FOLLOWING ARE SOME OF HIS TESTIMONIALS:

When I was searching for corporate brain and psychology training workshops, I found yours to be exactly what I was looking for. After we attended your training on "Best HR Practice for SMEs", most of the participant's feedback on The 7 Secrets Rhythm was it's the first kind to leverage on human potential with a new concept.

Mr Neela Mehan, Deputy CEO of PMSB.

I would recommend this workshop to anyone truly committed to investing in themselves and improving their intrinsic flow towards excellence entrepreneurship. Rewiring The Brain via The 7 Secrets Rhythm is practical for every individual. The seminar covering holistic method towards entire business process. Elan is an energetic and vibrant entrepreneur as well the world's foremost expert on mind frequency.

Prof. Dr. Azahari Othman, Fellow of OXCELL, Oxford, UK.

Founder & Master Coach of 8ELQ (Emotional Love Quotient) of Self Development.

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T7SR Peak Performance conducted to launch our new Business targets for 2015 and to take leap in performance and delivery. The programme motivated our staff to perform better and was very good and encouraging. There was marked improvement in the work performance of all staff and it achieved our objectives of the programme. We highly recommend Elan's T7SR intrinsic corporate training for your company.

Mr. Are, President, MIHRM

Elan's Presentation is Good and Knowledge Excellent. Workshop meets expectation and very interesting for the whole day of workshop. The knowledge is excellent and should offer 2 full day's workshop. We all admire the positiveness of the trainer, Elan. It's different from what ever corporate training we have attended. The 7 Secrets Rhythm for Corporate is the Intrinsic Brain Training fully practical to be applying for immediate advantages. Benefit for individual and company. Thank you to BERNAMA as well T7SR and founder Elan to giving opportunity to explore such a unique programme. We are organizing more training for BERNAMA. We also wanted to extend this training to our children as batch to provide your VGENIUST module for students.

Syed Khedher Ismail Alqudsy Senior Manager, BERNAMA Excellent Centre

Exclusive session from Elan via The 7 Secrets Rhythm Hidden Secrets of Sales Psychology was power pack. Our staff vibrate higher altitude on Sales KPI targets. Awesome training. We would like to recommend to you and your corporate.

Training Manager, Al-Rajhi Bank Malaysia

"Its great workshop flow with unique approach towards moderating conscious, mind, for corporate goals"

Dr. Henry Yeoh, Director, KW Group Sdn Bhd. ISCEA Malaysia Advisory Board Member at International Supply Chain Education Alliance